# Assessing Trainers of Early Childhood Practitioners: A Review of Current Literature

# **Prepared for Child Care Aware of Minnesota**

Ву

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#### Introduction

### **Purpose and Guiding Questions**

Currently there are many efforts to build comprehensive early childhood professional development systems around the country, often linked to Quality Rating and Improvement Systems (QRIS) efforts and fueled by Race to the Top funds. Elements of these efforts include development or refinement of practitioner registries, training and trainer registries, trainer and training approval criteria and processes; standards such as early learning standards, and knowledge and competency standards for practitioners; statewide credentials for different roles in the field; training standards and curriculum content for practitioner training. Trainer assessment is an area that is about to receive greater attention with the continued development of the infrastructure for professional development systems.

This literature review is made possible with a grant from the Minnesota Department of Human Services using federal funding. The purpose of this literature review is to summarize research and best practices on assessing trainer skills and competencies.

Guiding questions for the literature review are:

- What early childhood trainer competencies have been identified?
- To what extent have those competencies been assessed, and in what ways?

### **Definitions**

When available, definitions from Minnesota's state level early childhood professional development systems are used. Alternately, definitions are used from the National Association for the Education of Young Children (NAEYC) and the National Association of Child Care Resource and Referral Agencies (NACCRA)'s work on professional development glossaries (NAEYC & NACCRRA, 2011a, 2011b). Additional definitions raising other pertinent concepts are also included.

**Professional development.** Together, NAEYC and NACCRRA developed two glossaries to promote the use of common terminology and meaning across sectors as states, communities and organizations work to develop coherent and aligned early childhood professional development systems (NAEYC & NACCRA).

"Early Childhood Education Professional Development is a continuum of learning and support activities designed to prepare individuals for work with and on behalf of young children and their families, as well as ongoing experiences to enhance this work. These opportunities lead to improvements in the knowledge, skills, practices, and dispositions of early education professionals. Professional development encompasses education, training, and technical assistance" (NACCRRA-NAEYC, 2011b, p. 5).

**Professional learning.** This definition from the Institute of Medicine (IOM) and National Research Council (NRC) 2015 report on the workforce is included because it describes the research base for high quality professional development relevant to this report:

"This report puts forth a concept of "professional learning" that is both broader and more cohesive than the siloed ways in which these activities often are implemented in the care and education sector. This concept encompasses all of the activities that contribute to developing and sustaining quality professional practice and draws attention to common features of high-quality professional learning that contribute to quality practice. These features include

- clarity of purpose;
- content based in the foundations of the science of child development and early learning;
- approaches based on the science of adult learning;
- emphasis on applying theory to practice, including field- and practice-based professional learning experiences;
- alignment with professional standards and guidelines;
- accountability for the quality of professional learning; and
- affordability and equitable access to professional learning, including adequate funding and financing (p. 358)."

*Training and trainer.* Minnesota does not have a recognized definition of "training" that is used across early childhood systems (Stone, K. personal communication on January 12, 2016; Hewitt, D. personal communication January 7, 2016; Woosley, C. personal communication January 5, 2016). Other sources, including NAEYC and NACCRA, describe training as a subset of professional development:

"Training is a learning experience, or series of experiences, specific to an area of inquiry and related set of skills or dispositions, delivered by a professional(s) with subject matter and adult learning knowledge and skills. A planned sequence of training sessions comprises a training program" (NACCRRA-NAEYC, 2011b, p. 5).

In a literature review of features of effective professional development in early childhood, Zazlow et al (2010) further define training as:

"Training refers to professional development that does not result in credits toward a higher education degree. Training may be provided through workshops or professional meetings. Ongoing training may be an in-service requirement in different types of early

care and education. There may also be initial or pre-service training requirements for licensing in child care." (Zazlow, et al.)

NAEYC and NACCRA do not provide a specific definition of "trainer," stating instead:

"The job titles of the individuals who provide PD are many and varied—higher education faculty, trainers, program administrators in their training and TA roles, individual consultants, child care resource and referral training and TA staff, and others. These professionals provide education, training, and/or TA to individuals working or preparing to work with young children and their families and those working or preparing to work on behalf of children in training, licensing, resource, and other administrative roles related to early childhood education. While NAEYC, NACCRRA, and the Alliance of Early Childhood Teacher Educators believe that those who provide PD should possess a high level of knowledge and skills and participate in ongoing professional development, this glossary does not define the core knowledge and capabilities expected of these professionals." (NAEYC & NACCRA, 2011b)

NAEYC (2015) and other sources (Kipnis, Whitebook, Austin, & Sakai, 2013) note that several states and other entities delivering training or promoting the delivery of training to early childhood practitioners have defined specific qualifications for trainer approval. The report 2012 The State of the Nation's Training and Trainer Registries and Approval Systems (National Registry Alliance, 2013) provides links to many state level trainer approval processes and qualification requirements. It is notable that, once trainers are approved, few of those systems include a formal trainer assessment process (Kipnis, et al, 2013).

Relationship-based professional development. The Minnesota Center for Professional Development, Minnesota Department of Human Services and Minnesota Department of Education have agreed on definitions of relationship-based professional development (RBPD) in the categories of coaching, consultation, mentoring and professional development (often referred to as career counseling, as opposed to someone who delivers professional development). Since coaching and consultation (sometimes termed "technical assistance" or "TA" in the literature) are referenced in this paper, here are those definitions:

"Coaching: Coaching is a relationship-based process that requires interactions that are built on trust, respect, and reflection. Coaching is designed to promote capacity-building around professional skills, behaviors and/or dispositions, and is focused on a specific goal or goals for an individual or group. The coach could be either a peer or an external expert, depending on skills needed and organizational cultural considerations.

Consultation: Consultation is a collaborative, problem-solving process between an external consultant with specific expertise and an individual or group from one program or organization. The consultant assess issue specific needs and works collaboratively to resolve issue-specific concerns — a program/organizational, staff, or child/family-related issue." (MNCPD, CEED, DHS & MDE; n.d.. p.1)

#### **Contextual Considerations**

The diverse settings, composition and education of the early care and education workforce have implications for professional development, such as informing identification of trainer competencies and/or impacting trainer competencies (Whitebook & Ryan, 2011; Partnerships for Education, Articulation and Coordination through Higher (PEACH), 2014; Institute of Medicine (IOM) and National Research Council (NRC), 2015). The PEACH initiative of Los Angeles county notes:

"There are some unique aspects of the ECE workforce that should be considered in the successful design and delivery of ECE provider training and ECE trainer competencies that include: (a) the major categories of ECE workplaces (e.g., family child care, centerbased ECE programs, license-exempt programs), (b) variations between the content and level of minimal preparatory education among those in the ECE workforce, and c) cultural and linguistic characteristics of the ECE workforce. Given these factors, an ECE professional development system needs to (a) include training options for all sectors and populations of the ECE professional audience working with children from birth to eight years of age, (b) provide multiple points of entry to training and education, (c) respond to ECE professionals' workplace factors to optimally plan scheduling, sequencing, delivery mode(s) as well as location of pre-service and in-service training. All of these aspects will be described in this section" (2014, p. 20).

The report *Transforming the workforce for children birth through age 8: A unifying foundation* (IOS and NRC, 2015) recognizes the varied pathways that early childhood practitioners take to their work, noting that what serves as in-service for some practitioners may be serving as professional preparation for others in the field.

Whitebook & Ryan (2011) identify the related need to increase the number of teacher educators with skills commensurate with the unique needs of the workforce.

"Because early care and education teacher preparation, to a far greater extent than K—12, serves both a traditional and a nontraditional student clientele, experts have questioned whether there are sufficient skilled teacher educators and trainers with current knowledge in ECE, recent teaching experience in ECE classrooms, and experience with teaching diverse adult learners to meet current workforce need" (p. 5).

## Need for Research on Early Childhood Trainer Competencies and Assessment

Trainers play an active role delivering professional development in many of these statewide professional development systems. There is a clear need to identify evidence-based trainer competencies and methods for assessing those competencies.

Speaking at a 2011 workshop on the early childhood workforce, hosted by the Institute of Medicine and the National Research Council, Pam Winton addressed the question: "To what extent are professional development providers certified, expected to demonstrate specific knowledge and skills, and supported in their own development?" (Committee on Early Childhood Care and Education Workforce, 2011, p. 72). Winton laid out needs for research and development in relation to those delivering professional development:

"In summary, Winton identified four primary challenges related to the professional development of the ECCE field: (1) lack of a clear definition of professional development; (2) existence of many varied national standards; (3) lack of attention to the quality of professional development, including the use of evidence-based practices and the providers of professional development; and (4) the voluntary and fragmented nature of existing efforts to improve the quality of professional development in ECCE. She closed with four recommendations for improving professional development. Leaders representing the major early childhood sectors should work together to accomplish the following goals:

- Develop a shared definition of key terms related to professional development;
- Develop a uniform certification/licensure program based on national standards and related core competencies that are linked to research-based practices;
- Develop expectations and supports for the providers of professional development;
   and
- Invest in rigorous experimental investigations of professional development interventions." (Committee on Early Childhood Care and Education Workforce, 2011, p. 73-74.)

Karoly (2012) points to the development of trainer competencies as an opportunity for improved quality in California's early childhood professional development system:

"The same issue of emphasizing participation over impact applies to the array of workforce investment activities, many of which do not necessarily draw on proven models or are rigorously evaluated as new models. These issues also apply to the local informal training opportunities where there are no standards for program content and the competencies of the trainers." (Karoly, 2012, p. xxii)

There is a clear need to develop both competencies and assessments for those delivering professional development for the early childhood workforce. Minnesota has developed competencies for those who provide relationship-based professional development (National Center on Child Care Professional Development Systems and Workforce Initiatives, 2013). Logical next steps are to develop competencies for trainers, and to development means of assessing trainers as well as those providing relationship-based professional development. Information gathered in this review will inform this process.

#### Methods

#### **Databases and Other Sources**

**Databases and key search terms.** Materials included in this review were gathered through database searches using relevant key terms.

Databases searched include: Child Care and Early Education Research Connections; EBSCO (Education Source and Business Source Premier); ERIC; Google; National Institute for Early Education Research (NIEER); Research Gate; the Early Childhood Training and Technical Assistance System website and the Center for the Study of Child Care Employment website.

Key search terms: trainer effectiveness, trainer assessment, trainer competencies, early childhood, trainer, professional development, adult education, trainer approval, trainer credential.

**Links and articles identified in key articles.** Additional materials were gathered through references listed in key articles. These were primarily articles with highly relevant content or those reporting on national trends. Websites reviewed for relevant content include state based websites dedicated to early childhood professional development, including training and trainer registries, child care resource and referral, and state offices of early childhood education.

**Contacts.** Contacts to answer specific questions were made with state level contacts in MN (CCA staff, MnCPD staff, MDE & DHS staff) as well as with contacts in state training registry programs (Texas and New Jersey).

## **Summary of Articles Reviewed**

Table 1 lists the key articles reviewed for this report, highlighting content related to trainer competencies and trainer assessment, pertinent definitions or other relevant material.

Table 1. Key sources review

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
Bernhardsson, N., &	Conducted a Delphi study			The resulting
Lattke, S. (2011). Core	to hone in trainer			competencies
competencies of adult	competencies: based on a			are intended to
learning facilitators in	competencies developed			address
Europe. Findings from a	through prior studies			competencies
transnational Delphi	including review of the			specific to
study for the project	literature and expert			European adult
"Qualified to Teach."	consultation, this study			educators/
	used the Delphi-method to			trainers.
	arrive at a final set of			(p21-22)
	competencies for adult			
	learning facilitators in			
	Europe <sup>1</sup> .			
	The resulting			
	competencies are			
	contained in Table 3 of this			
	report.			
Committee on Early	p. 72 "To what extent	P. 72-73 Include		
Childhood Care and	are professional	presentation from Pam		
Education Workforce: A	development providers	Winton on standards for		

<sup>1</sup> "The Delphi-Method is an expert-panel research design operating both with standardised as well as with open questions and analysing data both with quantitative as well as with qualitative procedures. Experts are asked in several (usually two or three) waves. For every new wave the results of the foregoing are submitted to the experts who then get the opportunity to reflect and to modify their *independently* uttered opinion on the background of the aggregated feedback of the group. Thus, a *dependent* statistical group opinion is created." (Bernhardsson, & Lattke, 2001, p. 24)

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
Workshop; Institute of	certified, expected to	those delivering		
Medicine; National	demonstrate specific	professional		
Research Council. The	knowledge and skills,	development related to		
Early Childhood Care and	and supported in their	evaluation, preparation		
Education Workforce:	own development?"	and systems monitoring		
Challenges and		and supporting their		
Opportunities: A		development and		
Workshop Report.		ongoing work. there is a		
Washington (DC):		lack of data in this area		
National Academies Press		of PD for early childhood		
(US); 2011 Nov 15.		practitioners, including a		
		lack of data on the		
		"knowledge, skills and		
		practices of		
		of those who are		
		delivering education and		
		training (Hyson et al., in		
		press)."		
Gauld, D. & Miller, P.	P. 11	p.17		P. 9- 10
(2004). The qualifications	Highlights competencies	Content knowledge		Identifies the
and competencies held	generated:	alone does not		following
by effective workplace	<ul> <li>Set goals and objectives</li> </ul>	automatically make one		additional
trainers. Journal of	Develop lesson plans	a good trainer, specific		competencies of
European Industrial	<ul> <li>Keep current/up to date</li> </ul>	competencies in training		trainers of adults
Training, 28 (1), 8 – 22.	<ul> <li>Conduct needs</li> </ul>	adults are key to		noted in the

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	assessments	developing and		literature:
A study generating a list	<ul> <li>Counsel students about</li> </ul>	conducting good		<ul> <li>Motivating</li> </ul>
of training competencies,	other matters	training.		learners
from the literature and	<ul><li>Provide positive</li></ul>			• Retention
expert review, to be used	reinforcement			Transference
in a survey to compare	<ul> <li>Blend different training</li> </ul>			• Create a
trainer self-ratings,	techniques			learning
trainer qualifications, and	<ul> <li>Use questioning to</li> </ul>			community
trainer ratings of the	involve participants			• Problem
importance of the	Facilitate group learning			solving
identified trainer	activities			techniques
competencies.	<ul> <li>Attend to individual</li> </ul>			<ul> <li>Promoting</li> </ul>
	differences			reflection
	<ul> <li>Evaluate effects and</li> </ul>			
	impact of training			
	Analyze course			
	materials/learner			
	information			
	<ul> <li>Assure preparation of</li> </ul>			
	instructional site			
	<ul><li>Establish/maintain</li></ul>			
	instructor credibility			
	<ul> <li>Manage the learning</li> </ul>			
	environment			
	<ul> <li>Possess content</li> </ul>			
	knowledge/skill taught			

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	Demonstrate effective			
	communication skills			
	Demonstrate effective			
	presentation skills			
	<ul> <li>Respond to learner</li> </ul>			
	needs/feedback			
	<ul> <li>Use media effectively</li> </ul>			
	Evaluate learner			
	performance			
	<ul><li>Evaluate delivery of</li></ul>			
	instruction			
	<ul> <li>Report evaluation</li> </ul>			
	information			
	<ul> <li>Understand program</li> </ul>			
	development			
	<ul> <li>Understand training and</li> </ul>			
	development			
	<ul> <li>Apply research skills</li> </ul>			
	<ul> <li>Build relationships</li> </ul>			
Ghosh, P., Satyawadi,		Findings p. 194:		A study of
R., Prasad Joshi,		"trainer's comfort level		employees'
J., Ranjan, R., & Singh, P.		with the subject matter		response to
(2012) Towards more		and trainer's rapport		lecture-delivered
effective training		with trainees, were		content in the
programmes: a study of		found to be the		workplace, rating
trainer		significant predictors of		impact of trainer

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
attributes. Industrial and		trainee satisfaction"		competencies
Commercial Training, 44				(from Gauld &
(4), pp.194 – 202.				Miller, 2004)
Emerald Group				linked to trainee
Publishing.				satisfaction.
				Focused on one
				mode of delivery
				(lecture) in an
				Indian workplace
				setting.
Institute of Medicine	p. 9 report		p. 357: Identifies the need	
(IOM) and National	recommendations include:		for all early childhood	
Research Council (NRC).	"Recommendation 6:		practitioners to develop	
(2015). Transforming the	Support the consistent		core competencies	
workforce for children	quality and coherence of		p. 393: Defines	
birth through age 8: A	professional learning		"professional	
unifying foundation.	supports during ongoing		development" or "in-	
Washington, DC: The	practice for professionals		service training." Describes	
National Academies	working with children from		the complexities in the	
Press.	birth through age 8.		field related to the overlap	
	p. 11		between preparation/pre-	
	"Recommendation 8:		service education and	
	Ensure that policies and		training and ongoing	
	standards that shape the		preparation/in-service,	
	professional learning of		especially prevalent in	
	care and education leaders		early childhood where	

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	encompass the		many receive foundational	
	foundational knowledge		training/education after	
	and competencies needed		they begin work in the	
	to support high quality		field (along with the need	
	practices for child		for continuous education).	
	development and early		Two foundational	
	learning in their		purposes of professional	
	organizations."		learning are: improving	
	p. 331: Identifies the need		practice and improving	
	for practitioner		child outcomes.	
	competencies and		p. 398-99	
	knowledge in "working		Key features of effective	
	effectively and equitably		professional learning	
	with children from diverse		suggested by research:	
	backgrounds—cultural,		Deep conceptual	
	socioeconomic, and		knowledge of content and	
	linguistic—and of different		related processes to be	
	ability levels"		taught	
	p. 375-77 Issues related to		Linked to the related	
	higher education faculty		teaching practices that	
	include:		promote that content	
	-not enough faculty in		knowledge "including all	
	smaller institutions		three aspects of learning	
	(resulting in lack of		trajectories: the goal, the	
	breadth and depth in ece		developmental	
	preparation programs)		progression of levels of	

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	-Use of part time faculty		thinking, and the	
	may lead to inconsistency,		instructional activities	
	poor/ inequitable working		corresponding to each	
	conditions for faculty and		level"	
	unavailability of faculty for		• Linked to	
	students in need		assessment/progress	
	-Job requirements do not		monitoring of child	
	ensure "expertise in		knowledge and skill during	
	specific content areas,		active learning and which	
	including early childhood		includes using work	
	education (Bornfreund,		samples and small groups	
	2011)" or prior experience		Linked to daily practice	
	working directly with		(practice embedded)	
	children in ece settings		Grounded in curriculum	
	p. 373 "Efforts of		materials	
	preparation programs to		Includes in-classroom	
	train educators to teach		coaching.	
	culturally, ethnically, and		"Employs peer study	
	socioeconomically diverse		groups or networks for	
	students also are limited,		collective participation by	
	and many teachers do not		educators who work	
	learn to set aside their		together"	
	own biases in practice		Is ongoing and intensive	
	(Whitebook et al., 2009)."		• Ensures	
	p. 408:		consistency/alignment in	
	"Reflective practice is		professional learning (eg:	

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	considered a key tool for		between training,	
	professional learning"		standards, curriculum,etc.)	
			Based in the science of	
			adult learning.	
			<ul> <li>"Addresses equity and</li> </ul>	
			diversity concerns in	
			access to and participation	
			in professional learning.	
			<ul> <li>Addresses economic,</li> </ul>	
			institutional, and	
			regulatory barriers to	
			implementing professional	
			learning."	
Karoly, L. (2012.) A golden		p. 31 "approval of trainers	p. xxii As of 2012: What is	
opportunity: Advancing		and training programs is	often measured in relation	
California's early care and		often based on meeting	to professional	
education workforce		specific requirements in	development is	
professional development		terms of the trainer's	participation, rather than	
system. Santa Monica,		background or training	impact. Early childhood	
CA: Rand Corporation.		program content and does	workforce preparation	
		not necessarily provide a	activities lack rigor: "many	
		measure of trainer or	of which do not necessarily	
		training program quality."	draw on proven models or	
			are rigorously evaluated as	
			new models. These issues	
			also apply to the local	

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
			informal training	
			opportunities where there	
			are no standards for	
			program content and the	
			competencies of the	
			trainers"	
Kipnis, F., M. Whitebook,	Regarding New Jersey's	One question addressed in	p. 13:	p. 82:
L. Austin, and L. Sakai.	voluntary early childhood	this study:	"States vary widely in the	Recommendatio
2013. Assessing the	trainer approval system:	"4. How is a trainer's	minimal qualifications	n 3: Need more
quality of New Jersey's	"These standards are	quality assessed and	necessary for becoming an	resources (read
professional preparation	based on career lattice	maintained over time?" (p.	approved trainer, but most	funds) available
and professional	levels, educational	10)	require a combination of	to recruit and
development system for	attainment, professional	Examples of some form of	formal education in early	retain qualified
the early learning	experience in working	trainer assessment or	childhood education,	trainers available
workforce. Berkeley:	with young children, and	quality control in state PD	training or coursework in	to practitioners
University of California,	professional experience in	systems include:	adult learning, and	across
Berkeley, Center for the	training adultsThere	-Requiring novice trainers	experience in the ECE field,	geographies and
Study of Child Care	are four instructor levels:	to co-train with an	including classroom	incomes.
Employment.	mentor, associate	experienced trainer	teaching and adult training	p.83:
	instructor, instructor, and	-"A few states have	experience."	Recommenda-
A report to the New	master instructor." p. 10	developed extensive	Most states have tiered	tion 7: States
Jersey Council for Young		quality assurance	levels of trainer roles tied	need to expand
Children on the Quality		monitoring procedures	to levels of education and	the pool of
Assessment Phase of a		whereby trainers are	experience, sometimes	leaders and
project collecting and		observed on a regular	linked to content and/or	faculty, and
analyzing information		basis to ensure fidelity to	training audience as well.	recruit and invest

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
about the state's early		curricula or to assess the	"as trainers' qualifications	in new young
learning professional		quality of training content	increase, they are	leaders, to reflect
preparation and		and delivery. In these	permitted to deliver more	the diversity of
development system.		states, trainers also	intensive and complex	children and
		complete a self-	training to an increasingly	families served.
		assessment, and meet with	sophisticated audience."	This refers to PD
		observers to review		content directed
		assessments and to set		to program
		quality improvement		leadership as
		goals." (p.17)		well as
				developing &
				using
				recruitment
				strategies.
National Association for	"In future work, NAEYC,		Contains useful definitions.	
the Education of Young	NACCRRA, and the Alliance			
Children. (2015). What do	of Early Childhood Teacher			
we mean when we talk	Educators will explore the			
about PD? Using the	core knowledge and			
NAEYC Early Childhood	capabilities of those who			
Education Professional	provide professional			
Development Glossary.	development and what			
NAEYC Early Childhood	national resources may be			
Workforce Systems	helpful to support related			
Initiative. Washington,	state efforts."			
DC: National Association				

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
for the Education of				
Young Children.				
National Center on Child	A chart overview of several			
Care Professional	states' specialized			
Development Systems	knowledge and			
and Workforce Initiatives.	competencies for technical			
(2013). Quick Look: State	assistance (TA)			
Technical Assistance	professionals. The chart			
Professional Specialized	includes information on			
Knowledge and	the intended use of the			
Competencies.	competencies, the			
Washington, D.C.:	domain/category/criteria			
Administration for	areas, websites for			
Children and Families'	additional information,			
Office of Child Care and	and notes. States included:			
the Office of Head Start.	Colorado, Delaware,			
https://childcareta.acf.hh	Florida, Georgia, Kentucky,			
s.gov/sites/default/files/p	Minnesota, North Carolina,			
ublic/201306_pdwcenter	Ohio, Pennsylvania and			
quicklook tacompetenci	South Carolina.			
es_finalr.pdf				
National Registry Alliance.	p. 20-23: Lists			
(2013). 2012 The State of	requirements for trainer			
the Nation's Training and	approval in states where			

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
Trainer Registries and	trainers are approved			
Approval Systems.	p. 33:			
Washington, DC: National	15 states "Include an			
Registry Alliance.	assessment of participant			
	acquisition of content			
	knowledge and meaningful			
	connections to daily work"			
	as part of training approval			
Partnerships for	The Working Group	Recommendations include:		
Education, Articulation	identified trainer	5. b. "Trainer Evaluation:		
and Coordination through	qualification categories:	That every ECE trainer be		
Higher Education	Formal education (ECE	evaluated and continued		
(PEACH). (2014).	coursework	employment be contingent		
Preparing the foundation:	completion and	upon the results of this		
Strengthening the ECE	degrees providing a	evaluation conducted by		
workforce through the	"solid body of	both agency staff as well		
professional development	knowledge to draw	as training participants." p.		
system and early	from in order to	34		
childhood educator	present high quality			
competencies. (PEACH	trainings and serve as a			
Paper 6). Los Angeles: Los	model for professional			
Angeles Universal	development			
Preschool.	pathways and higher			
	education attainment.			
This is the last in a series	Furthermore, achieving			

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
of six papers by PEACH,	some level of higher			
which is the higher	education completion			
education component of	establishes credibility			
the Los Angeles County	in both the trainer and			
Early Care and Education	the training system" p.			
Workforce Consortium.	25)			
The series was developed	<ul> <li>Knowledge of adult</li> </ul>			
by PEACH partners and	learning principles and			
colleagues to describe the	dynamics			
current status of	Reflective practice			
professional development	skills ("the ability to			
programs in IHEs in Los	engage in and sustain			
Angeles County as well as	reflective practice and			
other elements of the	supervision with			
professional preparation	trainees was a			
of the current and future	required skill for the			
ECE workforce.	ECE trainer." P. 25)			
	• "a minimum two years			
	or more of direct			
	formal experience			
	working with young			
	children and their			
	families." p. 25			
	<ul> <li>Demonstrated</li> </ul>			
	experience successfully			
	training adults			

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	Trainer tiers based on			
	levels of formal education			
	and experience (p. 26)			
Whitebook, M., 2014.	p. 8 Notes the need for	p. 11 "In ECE, the primary	p. 9 "Consequently, many	p. 21 Notes the
Building a skilled teacher	change in ece teacher	questions include: How	states have no well-	challenges of
workforce: Shared and	preparation and	can resources be secured	defined, comprehensive	linking teacher
divergent challenges in	professional development	for professional	system to ensure ongoing	performance
early care and education	to build the workforce	development, and	professional development,	with child
and in grades K-12.	knowledge and skill base in	specifically, how can	or agreed-upon standards	outcomes given
Berkeley: University of	meeting needs of the	induction and ongoing	or approval systems for	the complexities
California, Berkeley,	culturally and linguistically	mentoring and coaching be	the training of trainers."	of assessing
Institute for Reseach on	diverse population of	organized and funded for		young children,
Labor and Employment.	children in the U.S.	all ECE teachers? Can more		"the
	p. 11 "In ECE, the primary	in-depth and relevant		collaborative
	questions include What	professional development		nature of early
	are strategies for	offerings be designed to		childhood
	establishing standards for	respond to the needs of		teaching",
	training and trainers?	teachers with varied		recruitment and
	What metrics are	education and experience		turnover issues.
	appropriate to assess the	backgrounds?"		
	impact of professional			
	development at the			
	program level?"			
	p. 14 Notes the troubling			
	"lack of training standards			

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
	and trainer approval			
	systems in many states"			
	especially given the reality			
	that many practitioners			
	are educated after they			
	begin working in the field,			
	or in some cases not at all.			
Whitebook M, & Ryan	p. 1		p. 5	Focused
S. (2011.) Degrees in	"There is an overall lack of		"Because early care and	primarily on
context: Asking the right	capacity in teacher		education teacher	preparation in
questions about	education, both in number		preparation, to a far	higher education.
preparing skilled and	of skilled teacher		greater extent than K-12,	
effective teachers of	educators with experience		serves both a traditional	
young children. New	related to children		and a nontraditional	
Brunswick, NJ: National	younger than 5 and ethnic,		student clientele, experts	
Institute for Early	racial, and linguistic		have questioned whether	
Education Research,	diversity among them."		there are sufficient skilled	
Rutgers University.			teacher educators and	
Retrieved from			trainers with current	
http://nieer.org/resource			knowledge in ECE, recent	
s/policybriefs/23.pdf.			teaching experience in ECE	
			classrooms, and	
			experience with teaching	
			diverse adult learners to	
			meet current workforce	
			need."	

Article: Reference	Qualities/	Trainer	Definitions and context	Other
citation	competencies of trainers	assessment/impact		
Type (study, report, etc.)				
Zaslow, M., Tout, K.,	p. 37 Points to value of		"Training refers to	
Halle, T., Whittaker, J. V.,	addressing context in		professional development	
& Lavelle, B.	designing and delivering		that does not result in	
(2010b). Toward the	professional development		credits toward a higher	
identification of features	to early childhood		education degree. Training	
of effective professional	practitioners.		may be provided through	
development for early	Trainers need "to be able		workshops or professional	
childhood educators:	to gauge both the		meetings. Ongoing training	
Literature	complexity of what		may be an in-service	
review. Washington DC:	teachers are being		requirement in different	
U. S. Department of	instructed to implement,		types of early care and	
Education.	and the newness of the		education. There may also	
	content in terms of		be initial or preservice	
	previous knowledge and		training requirements for	
	practice of the teachers."		licensing in child care."	

# **Themes and Key Elements**

# What early childhood trainer competencies have been identified?

Which organizations or entities have developed early childhood trainers competencies? This review located eleven states with developed competencies for professionals who deliver training to early childhood educators (see Table 2). Those states are Arkansas, Colorado, Connecticut, Florida, Kentucky, Iowa, Georgia, Maine, Pennsylvania, Rhode Island, Vermont and Washington. Texas has a draft set of trainer competencies currently under review by committee (Jones, T., personal communication on January 13, 2016). Connecticut has a list of competency domains used in trainer observation but a detailed document with competency domains and indicators was not located. Kipnis, et al. (2013) identified Alaska, Delaware and Nebraska as additional states with trainer competencies but those documents have not been located at the time of this review.

 Table 2. States with Trainer Competencies and/or assessment

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
Alaska		Kipnis et al (2012) identifies Alaska as a state with Trainer competencies but documentation has not been located at the time of this report.	Plan objectives include: "Create a self-evaluation for trainers to respond to determine the success of adult learning course on trainer's ongoing practice (Objective 1)" (p. 38, ALASKA'S PROFESSIONAL DEVELOPMENT PLAN For the Early Care and Education Workforce June, 2008)  http://dhss.alaska.gov/dpa/documents/dp
Arkansas	AK trainer competencies at <a href="http://professionalregistry.astate">http://professionalregistry.astate</a> <a href="http://professionalregistry.astate">.edu/chsdownloads/Trainer%20C</a> <a href="https://ompetencies.pdf">ompetencies.pdf</a>	<ul> <li>Demonstrates and maintains mastery of appropriate training content</li> <li>Demonstrates the ability to design training formats that are relevant and meaningful</li> <li>Demonstrates skills necessary for presenting effective training experiences</li> <li>Demonstrates the ability to manage a well-run, purposeful training event</li> </ul>	a/programs/ccare/files/prodevplan.pdf
Colorado	CO trainer competencies at http://ecpd.costartstrong.org/ets/companies/08c38354-7b3d-4abd-b1ca-8309d9c5b000/UserFiles/CoCompTrainers8.11.2015final1.1.pdf  Plan to have a Trainer Credential available in 2016 based on these competencies.	Professionalism     Training Facilitation Skills     Content Knowledge     Training Design     Assessment and Evaluation  Competencies are described at 3 levels (level I, Level II and Level III)	

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
Delaware	Competency domains are used in trainer observations.	Trainer observations assess trainers in the following competency areas:  Instruction  Management of the classroom environment  Understanding the adult learner  Assessment of participant understanding	"Connecticut has designed a training and trainer quality assurance process that is intended both to ensure high standards in training and to provide trainers with ongoing support for improvement. Evaluators observe all approved trainers annually, first during an announced observation, and subsequently during unannounced observations. A standardized observational instrument is used which assesses four training competency areas: instruction, management of the classroom environment, understanding the adult learner, and assessment of participant under-standing. Evaluators then meet with trainers for a feedback session, and develop specific professional development goals that the trainer is required to meet within a defined timeline." (Kipnis, et al., 2013, p.16)  "Instructors are supported by a mentoring relationship with another PD team
PD is delivered by University of Delaware's Institute for			member, are encouraged to participate in ongoing reflective practices and participate in an ongoing observation and evaluation process to ensure best
Excellence in Early Childhood. They hire "instructors" https://dieecp			practices and policies are followed."

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
d.org/instructo r- info#qualificati ons			
Florida	FL trainer competencies at <a href="http://www.pbcregistry.org/assets/doc/TrainerCompTrainingStandards.pdf">http://www.pbcregistry.org/assets/doc/TrainerCompTrainingStandards.pdf</a> Matrix aligns Trainer Competencies and Training Standards	<ul> <li>Professionalism</li> <li>Learning environment</li> <li>Presentation</li> <li>Instruction</li> <li>Assessment</li> </ul>	
Georgia	GA Early Care and Education Professional Development Competencies https://www.training.decal.ga.go v/sites/default/files/uploads/doc s/professional-development- competencies.pdf Also includes competencies for Technical Assistance (TA) providers	<ul> <li>Professionalism and Ethics</li> <li>Instructional Design and Development</li> <li>Knowledge of Content</li> <li>Presentation Skills</li> <li>Quality Assurance</li> </ul>	
Illinois  The Early Childhood Center for Professional Development serves certain early childhood programs			"EC staff members observe and evaluate the overall quality of a training session in order to determine the trainer's knowledge of the topic, performance style, and his or her interaction with the audience"

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
affiliated with the state Dept. of Education and their trainers (called "instructors' or "trainers") receive mentoring and observation. http://ec.thecenterweb.org/about-us	IA Adult Educator Competencies http://www.earlychildhoodiowa. org/files/state_system/professio nal_development/lowaAdultEduc atorCompetenciesFINAL_08- 2013.pdf	<ul> <li>Professionalism and Ethics</li> <li>Organizing and Delivering Instruction</li> <li>Assessment of Learning</li> </ul>	While they do not have a trainer assessment process in place, the Adult Educator Competencies document includes Appendix on assessment (of PD experiences)
Kentucky	Overview of Kentucky's Early Childhood Professional Development Framework includes overview of trainer approval and competencies (also includes TA Competencies) <a href="http://kidsnow.ky.gov/Improving-Early-Care/Documents/Revised%20PD">http://kidsnow.ky.gov/Improving-Early-Care/Documents/Revised%20PD</a> %20Framework%202011.pdf	<ul> <li>Adhering to training standards;</li> <li>Demonstrating a thorough understanding of the principles of training adult learners as well as a knowledge of core content in early care, intervention and education;</li> <li>Designing an effective environment for adult learning;</li> <li>Demonstrating the ability to provide a variety of appropriate learning opportunities;</li> </ul>	Requires Level 1 Trainer to co-train on a single topic with credentialed trainer at a higher training level. Requires Level 2 trainer to co-train higher (60-120 hours) CDA level with a level 4 & 5 Trainer through a approved training organizations, co-train 12 hours with a Level 4 or Level 5 trainer before training solo

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
Maine		<ul> <li>Analyzing training needs of participants;</li> <li>Demonstrating the ability to plan and develop an appropriate training outline, as well as the ability to develop sequential training plans;</li> <li>Demonstrating the ability to implement training techniques and strategies;</li> <li>Selecting and incorporating appropriate reinforcement techniques for practical application; and</li> <li>Designing evaluation strategies that are appropriate to the training delivered.</li> <li>Maine trainer competencies are contained in the Quality Assurance Observation Form and include the following domains:         <ul> <li>Trainer preparation</li> <li>Professional bearing</li> </ul> </li> </ul>	The system requires a Quality Assurance Specialist to conduct observations of Trainers using the Maine Roads Trainer Quality Assurance Observation Form There is a specific protocol followed for
Massachusetts		<ul> <li>Curriculum</li> <li>Presentation style</li> <li>Knowledge of material</li> <li>Manages learning environment</li> </ul>	observations and the follow up debrief with the trainer <a href="http://muskie.usm.maine.edu/maineroads/pdfs/MaineRoadsTrainerManual Final.pdf">http://muskie.usm.maine.edu/maineroads/pdfs/MaineRoadsTrainerManual Final.pdf</a> Has guide for TA (coaches, mentors TA
Massachusetts			consultants) that lists competencies along with a self-assessment (basically a checklist of the competencies)  http://www.mass.gov/edu/birth-grade- 12/early-education-and-care/workforce- and-professional-development/

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
Nevada			"The Registry plans to have a strong
Registry plans			evaluation process and quality assurance
for further			system in place in the future. This process
development			could include such components as
of Trainer			participant evaluations, periodic
Approval			observations of and follow-up with
process			trainers, online surveys of training
http://www.ne			participants, and more."
vadaregistry.or			
g/for-			
trainers/trainer			
-criteria.html			
New Jersey			Requires trainers to complete "quizzes" as
			part of Trainer Approval process. Quizzes
NJ Trainer			are focused on the NJ Professional
approval			Development System. (Manning-
https://www.pi			Falzarano, M., personal communication on
njregistry.org/p			January 5, 2016)
df/instructor_			
module_instru			
ctions.pdf			
PINJ			
Sponsoring			
Agency and			
Instructor			
Approval			
Instructions			
New York			Portfolios of applicants for the Trainer
			Credential are scored using a rubric at
			http://nysaeyc.org/wp-

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
			content/uploads/NYSELTC-Portfolio- Scoring-Tool.pdf
North Carolina	NC has developed TA competencies: <a href="http://ncchildcare.dhhs.state.nc.us/PDF">http://ncchildcare.dhhs.state.nc.us/PDF</a> forms/TACompetenciesA pril232013.pdf		Certified Trainers must have 2 "PDE reference Forms" completed: a (simple) observation checklist form completed by 2 people who have observed them training (also required for renewal) at: <a href="http://ncicdp.org/certification-licensure/endorsements/">http://ncicdp.org/certification-licensure/endorsements/</a>
North Dakota			Requires registered trainers to complete annual self-assessment <a href="http://www.ndgrowingfutures.org/files/pdf/growingfutures-trainerlevels.pdf">http://www.ndgrowingfutures.org/files/pdf/growingfutures-trainerlevels.pdf</a>
Pennsylvania	PA Instructor competencies <a href="http://www.pakeys.org/uploade">http://www.pakeys.org/uploade</a> <a href="http://www.pakeys.org/uploade">dContent/Docs/PD/PQAS/Instruc</a> <a href="http://www.pakeys.org/uploade">tor%20competencies.pdf</a>	<ul> <li>Content expertise</li> <li>Professionalism</li> <li>Principles of Adult Learning</li> <li>Building relationships</li> <li>Evaluation, assessment and planning</li> <li>Communication</li> <li>Change process</li> </ul>	Self assessment of Instructor Core Competencies http://www.pakeys.org/uploadedContent /Docs/PD/PQAS/Instructor%20competenci es.pdf Instructors are expected to use annually to develop their own PD Plan
Rhode Island	RI early learning workforce knowledge and competencies for professional development providers and higher education faculty/staff <a href="http://www.ride.ri.gov/Portals/0/Uploads/Documents/Instruction-and-Assessment-World-Class-Standards/Early-Childhood/Workforce/EXCEED">http://www.ride.ri.gov/Portals/0/Uploads/Documents/Instruction-and-Assessment-World-Class-Standards/Early-Childhood/Workforce/EXCEED</a>	<ul> <li>Professionalism</li> <li>Building Relationships</li> <li>Knowledge of Content</li> <li>Supporting Adult Learners</li> <li>Evaluating Outcomes</li> </ul> Includes higher education faculty/staff	

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
Texas	Trainer competencies  WKC PD IHE 060315.pdf  Draft Trainer Competencies are currently under review. Timeline for completion to be determined Feb. 2016. Domains have been determined. (Jones, T., personal communication on January 13, 2016). https://tecpds.org/CoreCompetencies.aspx  http://northernlightscdc.org/wp-content/uploads/2015/07/Instruct KandCompetencies self-	Adult Learning Theory     Training Delivery and Methodologies     Transfer of Learning     Training Content Development     Monitoring and Evaluating Training Effectiveness     Characteristics of Effective Trainers  Professionalism and ethics     Standards, systems and resources	
	assessment-only.pdf	<ul> <li>Planning and design</li> <li>Instruction</li> <li>Assessment and evaluation</li> </ul>	
Washington	Trainer Competencies in Washington State <a href="http://www.del.wa.gov/publications/PD/docs/5.%20WA%20Trainer%20Competencies.pdf">http://www.del.wa.gov/publications/PD/docs/5.%20WA%20Trainer%20Competencies.pdf</a>	<ul> <li>Professionalism</li> <li>Facilitation: Adult Learning Practices</li> <li>Instructional Design</li> <li>Evaluation and assessment (pre &amp; post)</li> </ul>	A trainer observation rubric was developed in 2011, based on the competencies from Florida (see Florida link in this table), and used as a "spot check". That process is no longer used and revisions have been made to shift from a fully online trainer approval process that

State	Trainer competencies	Trainer Core Competency Domains	Trainer Assessment
			emphasized "training design" to one they feel will attract a more diverse trainer pool, and revised the trainer observation to better assess "how they would facilitate the group learning process or demonstrate cultural sensitivity."
			The new observation rubric will be part of the process for initial trainer approval. (The current plan is to use it for follow up observations as well). See document #5 at <a href="http://www.del.wa.gov/Professional/approval.aspx">http://www.del.wa.gov/Professional/approval.aspx</a>
			"We are using it as an instructional tool for new trainers as well. We are encouraging mentorship (Organization Sponsored Mentors) who model training, to work with the applicants and observe them as many times as needed before they recommend them for approval." (Garrison, S. personal communications January 25 & 26, 2016)

**Technical Assistance competencies.** Competencies developed for early childhood Technical Assistance (TA) providers are pertinent due to the overlap of qualifications and responsibilities with early childhood trainers (PEACH, 2014, p.19). A 2013 report from the National Center on Child Care Professional Development Systems and Workforce Initiatives outlines competency domains identified in ten states (Colorado, Delaware, Florida, Georgia, Kentucky, Minnesota, North Carolina, Ohio, Pennsylvania and South Carolina). Links to this report are noted in Table 1. This review located an eleventh state with TA competencies (Massachusetts), as noted in Table 2.

## What trainer competencies have been identified?

Common domains in state's trainer competencies. For purposes of this report, domain descriptions were used to note frequency. In some cases there is likely to be considerable overlap in the underlying dimensions for certain domains that are listed separately here (for example: "Training/Instructional design" and "Effective training characteristics/experiences"). Arkansas and Kentucky used more lengthy descriptors so key terms in those descriptions were used to categorize them, resulting in one domain occasionally falling in more than one category. Listed in order of frequency:

- Professionalism/Professionalism and ethics: Ten of the eleven states (all but Arkansas) with Trainer Competencies list either professionalism or professionalism and ethics as a trainer competency domain. Indicators in this domain vary among the nine states. Arkansas includes some overlapping indicators with other state's professionalism indicators in their trainer competence domains titled "Demonstrates skills necessary for presenting effective training experiences" and "Demonstrates the ability to manage a well-run, purposeful training event".
- Training/Instructional design (7)
- Assessment and/or evaluation (8)
- Training content knowledge (6)
- Presentation skills (6)
- Adult learning principles/Adult learning theory (5)
- Preparation/planning (3)
- Manage learning environment (3)
- Effective training characteristics/experiences (3)
- Building relationships (2)
- Facilitation skills (2)
- Change process/transfer of learning (2)
- Well run/organized (2)
- Standards/systems/resources (2)
- Reinforcing learning (2)
- Quality assurance (1)

- Communication (1)
- Analyzing training needs of participants (1)
- Instruction (1)

Note: for an in-depth understanding of potential overlap across the various competency models, an analysis would need to be performed at the dimension level.

Which organizations or entities have developed trainer competencies for practitioners in related fields? Based on the limited work on trainer competencies and assessment in the early childhood field and the relevance of training to so many other fields, it made sense to examine other relevant fields for their trainer competencies and strategies for assessing them. This review located trainer competencies for the following related fields: after school trainers, adult education instructors, human services instructors/trainers, and workplace/human resources trainers. See Table 3 for the list of organizations and trainer competency domains.

Table 3. Trainer/Instructor competencies from related fields

Organization/auspice	Competency Domains
National Afterschool Association: Core Competencies for After School Trainers http://naaweb.org/images/NAA%20Trainer%20 Comp%20Document.pdf  The competencies are part of NAA's Trainer Quality System which is outlined on their website at http://naaweb.org/resources/item/33-trainer- quality The six step process includes:  • Trainer Self-Assessment Tool (linked to competency domains)  • Trainer Observation Form(linked to competency domains): may be used in observation by "qualified Trainer Assessor" as part of the portfolio to submit for training approval in state PD systems  Target audience: After School Trainers	Trainer competency domains:  Professionalism and ethics Training design Facilitation skills Delivery methods Presentation skills Transfer of training Learning environment Equity and diversity Evaluation
Sherman, R.; Tibbetts, J.; Woodruff, D.; Weidler, D. (1999). <i>Instructor Competencies</i> and <i>Performance Indicators for the</i>	Instructor Competency domains:  • Maintains Knowledge and Pursues Professional Development

### Organization/auspice

Improvement of Adult Education Programs: A Publication of Building Professional Development Partnerships for Adult Educators Project February 1999

Sponsored by the U.S. Department of Education Division of Adult Education and Literacy

http://www.calproonline.org/pubs/Instructor%20competencies% 20and%20indicators%20(C.pdf

Target audience: Adult Educators

Includes an assessment tool (rubric with competencies and examples) and rating system.

## **Competency Domains**

- Organizes and Delivers Instruction
- Manages Instructional Resources
- Continually Assesses and Monitors Learning
- Manages Program Responsibilities and Enhances Program Organization
- Provides Learner Guidance and Referral

"The competencies were developed through a field-based process utilizing the input and support of over 300 adult education instructors and program administrators from across the country. In addition, a literature review of instructional practices was undertaken, and the competencies were developed and refined over several stages with the help of the PRO-NET Study Team and Working Group. Performance indicators also were developed through a multi-stage process with adult educators in Washington, DC, and through focus groups held across the country with adult learners, administrators, and instructors. Performance indicators, in the context of the competencies, are defined as instructor skills, behaviors, or practices that demonstrate the existence of the competency. Input from the field was gathered to insure that multiple perspectives were represented on competencies and indicators were developed." P.3

Bernhardsson, N., & Lattke, S. (2011). Core competencies of adult learning facilitators in Europe. Findings from a transnational Delphi survey conducted by the project "Qualified to Teach".

Target audience: European Adult & Continuing Education (ACE) Learning Facilitators

"The term ACE Learning Facilitators refers to a variety of professional roles such as teachers, trainers, coaches, guidance and counselling staff and others. What these roles have in common is that a major part of the professional activity takes place in direct contact with the adult learner(s) and consists in initiating, supporting and monitoring the learning processes of these adults...Adult Learning Facilitators are mainly working in various contexts covering the entire field of Adult and Continuing Education (ACE) consisting of

### Competency domains:

- Group Management and Communication
- Subject Competence
- Supporting Learning
- Efficient Teaching
- Personal Professional Development
- Stimulating learning
- Learning Process Analysis
- Self-competence
- Assistance of learners

Organization/auspice	Competency Domains
a) formal adult education institutions offering basic, general and vocational education and training, b) non-formal education institutions offering popular education, and c) work-related training and development mainly of non-formal character." (p. 6)  The National Staff Development and Training Association (an affiliate of the American Public Human Services Association) has developed competencies for the following roles:  • Instructor/Trainer: "Facilitating individual performance improvement, including delivering training, directing structured learning, and facilitating groups." (p. 3) • Administrative Support • Coach • Communications Specialist • Evaluator/Researcher • Instructional Media Specialist • Manager • Organizational Development Specialist • Training Program and Curriculum Designer • Workforce Planner  http://www.aphsa.org/content/dam/NSDTA/PDF/Resources/NSDTACompetencies11.5.14.pdf	Instructor/Trainer competency domains:  Administration Communication Conceptual Knowledge/Skills Design Interpersonal Dynamics and Process Information Management Instructional Management Learning Theory Logistics Self-Management
Association for Talent Development (Formerly American Society for Training & Development) https://www.td.org/Certification/Competency-Model  Target audience: Workplace trainers and "talent developers", HR professionals	Foundational Competencies:  Interpersonal skills  Business skills  Global mindset  Personal skills  Industry knowledge  Technology literacy  TD Areas of expertise:  Change management  Knowledge management  Performance improvement  Instructional design  Training delivery  Learning technologies  Coaching

Organization/auspice	Competency Domains	
	Integrated talent management	
	Managing learning programs	
	Evaluating learning impact	

**Distinctive competency domains or threads.** Some distinctive themes or specific skills appeared during review of the literature related to trainer competency domains that would benefit from further exploration and attention.

Field specific knowledge. Related terms might be "contextual knowledge", "industry knowledge" or "systems knowledge". This is the idea that a trainer is familiar with the work context of practitioners, for example the trainer is knowledgeable in licensing differences between family and center based child care, or familiar with the state based QRIS rating systems impact on training requirements. Zaslow, et al. (2010) raise the concept of contextual knowledge as a foundation for professional development:

"First, it establishes a respectful and reciprocal tone to the trainer-trainee relationship, which aids transmission of information and strategies later in the professional development program...In addition, sometimes researchers found that the approach to professional development or even the classroom strategies themselves had to be tailored to the context of the teachers (p. 37)."

"This conclusion is in keeping with the perspective presented by Joyce and Showers (2002) based on their work in providing training and structuring peer coaching for teachers of K–12 classrooms. They conclude that trainers need to be able to gauge both the complexity of what teachers are being instructed to implement, and the newness of the content in terms of previous knowledge and practice of the teachers. 'Trainers need to be able to gauge the difficulty level to help plan the intensity and duration of training and select the components they will use accordingly' (Joyce and Showers 2002, p. 2)." (Zaslow, et al. 2010)

Cultural competence. Diversity, equity and/or cultural competence were included as indicators, and listed as a domain in the After School Trainer competencies (NAA, n.d.). This is another area worthy of further exploration and consideration as a domain unto itself, given the growing need for practitioners to develop such skills themselves (IOM & NRC, 2015; Whitebook, 2014) and the dearth of teacher educators representing the diversity of the workforce as well as children and families served (Whitebook and Ryan, 2011). This area of trainer competence would complement state expectations in Minnesota that trainers apply the Universal Multicultural Instructional Design framework in designing professional development.

Change management or promotion/transfer of learning. In an often-cited work, Perkins and Salomon (1992) describe transfer of learning occurring "when learning in one context enhances (positive transfer) or undermines (negative transfer) a related performance in another context (p. 2)." Transfer of learning is a common theme in the adult learning and education literature, yet this concept listed only once as a domain in Table 2. (Texas lists "transfer of learning" and Pennsylvania lists the related concept of "change process" as a trainer competency domain.) Other states' trainer competencies documents note the importance of content and activities that are transferable to daily practice (for example, Florida, Iowa and Washington). Further exploration on specific adult education practices which promote transfer in the workplace, and in particular in early childhood education settings, would provide useful information related to both competencies and assessment of trainer impact.

Promoting reflection/reflective practice. The literature review of trainer competencies conducted by Gauld and Miller (2004) noted the importance of skills in promoting learner reflection. Promotion of reflection and reflective practice skills were also noted as needs in workforce reports from PEACH (2014) and IOS & NRC (2015). Further study of what this would look like in terms of trainer competence and assessment would inform development of competencies and assessment.

Technology. Another area worthy of further study is in the interplay between technology and trainer delivery, as well as content. In terms of trainer delivery, there is an available literature on the unique aspects of design and delivery of training through technology. One question related to trainer competence would be: are there distinct competencies for those delivering training online? A second aspect of technology related to training and trainers is in the area of content and competencies for practitioners: what technological skills and knowledge should be developed to meet the needs of children in today's early childhood settings? What are the related implications for training design and content?

### To what extent have those competencies been assessed, and in what ways?

Kipnis, et al. (2013) note that for the states that implement some measure of trainer assessment, that comes in a variety of forms, including trainers completing self-assessments, trainer observations and/or ongoing monitoring, and requiring novice trainers to co-train with a more experienced trainer.

"Several states have built in support for trainer development by requiring novice trainers to co-train with a master trainer for a designated period of time before they are eligible to offer trainings independently. In addition, a few states have developed extensive quality assurance monitoring procedures whereby trainers are observed on a regular basis to ensure fidelity to curricula or to assess the quality of training content and delivery. In these states, trainers also complete a self-assessment, and meet with observers to review assessments and to set quality improvement goals (p.17)."

The figure below outlines the findings from page 15 of the Kipnis, et al. (2013) report:

**Table 4.** Quality Assurances for Training and Trainer Approval Systems

Approved training linked to:	State Examples
System-developed adult learning course	CT, IL, KY, MT, NJ, OK, PA, SC, VT, WA, WI
Trainer renewal process	AK, CO, DE, GA, IL, KY, LA, MD, MN, NC, ND, NJ, NM, NY, OK, OR, PA, TX, VT, WA, WI, WV, WY
Novice co-training with master trainer	CT, IL, KY, NM, PA, VT
Evaluations by training participants	AK, DE, GA, ID, LA, MD, MN, NM, NC, ND, OR, PA, TX, WV
Regular monitoring of training	CT, FL, DE, GA, NM

Assessing the Quality of New Jersey's Professional Preparation & Professional Development System for the Early Learning Workforce

Center for the Study of Child Care Employment, University of California at Berkeley

**Trainer approval systems.** Trainer approval systems were developed to provide a measure of quality assurance by screening potential candidates based on certain criteria.

"Training and trainer approval (T/TA) systems are one method that states use to promote high-quality professional development for early childhood practitioners. Training approval systems set standards for training content and instructional methods. Trainer approval systems ensure that professional development providers have the necessary skills, qualifications and backgrounds to deliver effective trainings. In almost all states with such systems, the focus is on non-credit-based trainers and trainings, although some T/TA systems have components relevant to higher education faculty. In addition to setting quality standards, T/TA systems can serve as information hubs for practitioners and as sources of data for local and statewide professional planning and development." (Kipnis, F., M. Whitebook, L. Austin, and L. Sakai, 2013)

There is no nation-wide trainer approval process. According to the National Registry Alliance (2013) there are 25 state or local registries that include trainer approval. Common criteria in state based trainer approval systems are based on the applicant's experience training adults and their educational background and experience in the field of early childhood. An applicant's educational background in the field is sometimes linked to the individual's standing in the statewide practitioner registry. Most systems also require trainers to complete a course on adult education teaching methods (Kipnis, et al., 2013; National Registry Alliance, 2013). Many systems approve trainers at different levels, or tiers, which align qualifications with ranges of content trainers are then approved to cover. Many systems identify an exception category termed "content experts" who may provide training on a particular area outside, yet pertinent, to the field (for example "blood borne pathogens") and who must instead document their expertise and education in the particular content area.

**Mentoring novice trainers.** Another potential means to assess trainer quality is through a mentoring relationship, with opportunities for modeling, observation and feedback.

"Several states have built in support for trainer development by requiring novice trainers to co-train with a master trainer for a designated period of time before they are eligible to offer trainings independently. In addition, a few states have developed extensive quality assurance monitoring procedures whereby trainers are observed on a regular basis to ensure fidelity to curricula or to assess the quality of training content and delivery. In these states, trainers also complete a self-assessment, and meet with observers to review assessments and to set quality improvement goals." (Kipnis, et al, 2013, p.17)

States noted as requiring new trainers to co-train are: Connecticut, Illinois, Kentucky, New Mexico, Pennsylvania and Vermont (Kipnis, et al., p.15). Expectations for co-training noted in this review range from co-training at least once for Level 1 trainers (Kentucky) to a prescribed process of work over a year with a more experienced trainer (Vermont). See Table 2 for more detail, including links to a description of Vermont's mentoring process for novice trainers.

**Observation and monitoring.** Some states include observation as either a component of trainer approval (Washington and North Carolina) or ongoing monitoring (Vermont, Connecticut, Delaware, Illinois, Maine). This requirement may only apply to trainers in particular tiers or levels. The observation tools that were available all included parts or all of the trainer competencies for that state, in the form of a rated checklist. Some states include goal setting and other supports linked to the observations (for example, Maine, Connecticut, Vermont). Washington recently revised the trainer observation rubric used as part of trainer approval and ongoing monitoring in order to place a greater emphasis on trainer skills in facilitation and cultural sensitivity (Garrison, S. personal conversations January 25 & 26, 2016.) See Table 2, page 34-35.

Other forms of assessment. Pennsylvania requires trainers to complete a self-assessment checklist, which are the trainer competencies in the form of a rating tool, followed by setting a professional development plan based on the ratings. New Jersey requires trainer applicants to complete quizzes on the New Jersey Professional Development (NJPD) system prior to approval.

See Table 2 for state links and details.

## **Conclusions**

This review of the trainer competency literature found little research evidence to validate specific trainer competencies or link them to high-quality training, practitioner or child outcomes. However, it is clear that states are moving forward in beginning to define training

competencies. Findings from this review suggest that there is ample need for further development of trainer competencies and for trainer assessment, as well as a need for further research on the competencies themselves and strategies for assessing trainer competence. Additional future conversations with other states, such as Washington and Vermont, regarding the development and revision of trainer approval and observation processes offer the opportunity to learn more from the experiences of other states. This report gathers the initial information to inform further work on early childhood trainer competencies and assessment in Minnesota.

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